

GIDGEGANNUP NETBALL CLUB - May 2007 Newsletter

Hi All

We have started the 2007 season really well. We have been really busy within the club holding a Sport Medicine Australia course which taught us how to warm our players up correctly before each game and how to strap any sprain/strains in the correct way. The following coaches/assistant coaches attended:

Jannette Allday, Sandy Wingate, Leonie Potts, Nicky Eyre, Frankie Webb, Liz Goddard, Dale Starceвич, Fiona Malloch, Merilyn Holmes, Julieanne Healy and Jenny Wride

And we were also very proud that some of our players wanted to learn also:

Khari Wride, Julia Eyre and Polly Anderson

We also had on Thu 24 May held a Coaching Clinic for all players and coaches to attend. The clinic was run by Vivien Massey who is in Division 1 of the Rangers State Netball League. Vivien spent time with all the age groups and was fantastic with all our players and I am sure they all really appreciated her. We were also very lucky to get a special visit from Emma Beckett from the Perth Orioles who was happy to spend time talking to the players and answering their questions. A total of 90 players attended which was a great effort. After each team finished their clinic we were able to give them their Gidgegannup Netball Club jackets which we are sure they will wear with pride!

The club would like to thank the many businesses that have helped out with the last two events that we have had.

Wendouree Tea Rooms Toodjay - Tina Wynne, Toodjay Bakery- James and Nicky Eyre, Steaks N Stuff - Rob Bertram

Dates to remember:

07 July Coles Raffle

28 July Bingo/Quiz Night

Change of Date for Orioles game Now:

10 Aug Orioles v's Melbourne

Keep on having a great season and remember to keep wearing your jackets with pride. We will be doing another jacket order later on in the season for those of you that missed out the first time.

Go Gidge